



# 4 WAYS YOU CAN STAY ON TOP OF RISING PRESCRIPTION COSTS

Worried about high prescription drug costs? We're here to help. Check out the tips below to score some unexpected savings.

## HERE ARE A FEW STRATEGIES YOU CAN USE TO SAVE ON YOUR PRESCRIPTIONS:

- 1 Ask About Generics**

Ask your doctor if there are low-cost alternatives to expensive name-brand drugs. Many generics offer the same ingredients for significant savings. Some plans don't charge for Tier 1 generics.
- 2 Start Small**

When starting a new prescription, ask for samples or a short supply to start. That way, if you experience any side effects, or the medication doesn't work as expected, you won't be stuck with more than you need.
- 3 Consider Home Delivery**

Ordering a 90-day supply of your prescriptions through our mail order pharmacy partners can deliver big savings.
- 4 Look into Drug Discounts**

It's right there in the name. If you qualify for drug discounts, you can get help paying for your medications with copay discount cards, manufacturer coupons, and other options.

**To learn more about prescription drug savings, call the number on the back of your Member Card or log in to your Member Account at [ExcellusBCBS.com/Member](https://ExcellusBCBS.com/Member)**

Copyright © 2018, Excellus BlueCross BlueShield, a nonprofit independent licensee of the Blue Cross Blue Shield Association. All rights reserved.

Our Health Plan complies with federal civil rights laws. We do not discriminate on the basis of race, color, origin, age, disability, or sex.

Atención: Si habla español, contamos con ayuda gratuita de idiomas disponible para usted. Consulte el documento adjunto para ver las formas en que puede comunicarse con nosotros.

注意：如果您说中文，我们可为您提供免费的语言协助。请参见随附的文件以获取我们的联系方式。

